STATEMENT OF INVESTMENTS BNY Mellon Variable Investment Fund, Appreciation Portfolio September 30, 2024 (Unaudited)

Description	Shares	Value (\$)
Common Stocks - 99.4%		•
Capital Goods - 2.4%		
BAE Systems PLC, ADR	59,525	3,949,484
Otis Worldwide Corp.	10,375	1,078,377
		5,027,861
Commercial & Professional Services - 1.5%		
Automatic Data Processing, Inc.	7,280	2,014,594
Verisk Analytics, Inc.	4,710	1,262,092
		3,276,686
Consumer Discretionary Distribution & Retail - 6.6%		
Amazon.com, Inc.	61,610 a	11,479,791
The Home Depot, Inc.	5,935	2,404,862
		13,884,653
Consumer Durables & Apparel - 4.1%		
Hermes International SCA	800	1,964,487
LVMH Moet Hennessy Louis Vuitton	F ((0)	4 227 045
SE	5,660 26,975	4,337,845 2,384,590
NIKE, Inc., Cl. B	20,973	8,686,922
Consumer Services - 3.0%		0,000,922
Marriott International, Inc., Cl. A	8,550	2,125,530
McDonald's Corp.	13,670	4,162,652
MeDollaid 3 Gol p.	13,070	6,288,182
Energy - 4.6%		0,200,102
Chevron Corp.	36,365	5,355,473
EOG Resources, Inc.	7,925	974,220
Exxon Mobil Corp.	29,535	3,462,093
	,,	9,791,786
Financial Services - 13.5%		
BlackRock, Inc.	5,810	5,516,653
CME Group, Inc.	12,200	2,691,930
Intercontinental Exchange, Inc.	22,355	3,591,107
Mastercard, Inc., Cl. A	7,870	3,886,206
S&P Global, Inc.	10,405	5,375,431
Visa, Inc., Cl. A	26,685 ^b	7,337,041
		28,398,368
Food, Beverage & Tobacco - 2.6%		
PepsiCo, Inc.	17,745	3,017,537

Description	Shares	Value (\$)
Common Stocks - 99.4% (continued)		γ αι αυ (ψ)
Food, Beverage & Tobacco - 2.6% (continued)		
The Coca-Cola Company	33,995	2,442,881
•		5,460,418
Health Care Equipment & Services - 7.1%		
Abbott Laboratories	24,660	2,811,487
Intuitive Surgical, Inc.	9,325ª	4,581,093
UnitedHealth Group, Inc.	13,000	7,600,840
		14,993,420
Household & Personal Products - 1.0%		
The Procter & Gamble Company	12,605	2,183,186
Insurance - 2.2%		
The Progressive Corp.	18,055	4,581,637
Materials - 1.6%		
The Sherwin-Williams Company	8,660	3,305,262
Media & Entertainment - 4.1%		
Alphabet, Inc., Cl. C	51,790	8,658,770
Pharmaceuticals, Biotechnology & Life Sciences - 7.7%		
AstraZeneca PLC, ADR	34,880	2,717,501
Eli Lilly & Co.	3,215	2,848,297
Novo Nordisk A/S, ADR	70,785	8,428,370
Zoetis, Inc.	11,260	2,199,979
		16,194,147
Real Estate Management & Development - 1.0%		
CoStar Group, Inc.	27,100 a	2,044,424
Semiconductors & Semiconductor Equipment - 10.2%		
ASML Holding NV	6,105	5,086,991
NVIDIA Corp.	51,075	6,202,548
Taiwan Semiconductor		
Manufacturing Co. Ltd., ADR	20,230	3,513,344
Texas Instruments, Inc.	33,040	6,825,073
		21,627,956
Software & Services - 15.3%		2050112
Adobe, Inc.	5,715°a	2,959,113
Gartner, Inc.	2,660 a	1,347,982
Intuit, Inc.	8,330	5,172,930
Microsoft Corp.	44,425	19,116,077
ServiceNow, Inc.	4,075 a	3,644,639
		32,240,741
Technology Hardware & Equipment - 7.6%	60.100	46460000
Apple, Inc.	69,100	16,100,300

Description		Shares	Value (\$)
Common Stocks - 99.4% (continued)			
Transportation - 3.3%			
Canadian Pacific Kansas City Ltd.		25,615	2,191,107
Old Dominion Freight Line, Inc.		8,225	1,633,814
Union Pacific Corp.		12,820	3,159,874
			6,984,795
Total Common Stocks (cost \$74,294,309)			209,729,514
	1-Day Yield (%)		
Investment Companies2%			
Registered Investment Companies2%			
Dreyfus Institutional Preferred Government Plus Money Market Fund, Institutional Shares			
(cost \$495,071)	4.95	495,071 ^c	495,071
Total Investments (cost \$74,789,380)		99.6%	210,224,585
Cash and Receivables (Net)		.4%	879,213
Net Assets		100.0%	211,103,798

ADR—American Depositary Receipt

See notes to financial statements.

a Non-income producing security.

Security, or portion thereof, on loan. At September 30, 2024, the value of the fund's securities on loan was \$7,304,322 and the value of the collateral was \$7,458,879, consisting of U.S. Government & Agency securities. In addition, the value of collateral may include pending sales that are also on loan.

Investment in affiliated issuer. The investment objective of this investment company is publicly available and can be found within the investment company's prospectus.