

STATEMENT OF INVESTMENTS

BNY Mellon Variable Investment Fund, Growth and Income Portfolio

September 30, 2024 (Unaudited)

Description	Shares	Value (\$)
Common Stocks - 98.7%		
Automobiles & Components - .4%		
General Motors Co.	9,816	440,149
Banks - 3.8%		
Bank of America Corp.	22,322	885,737
Citigroup, Inc.	4,468	279,697
First Horizon Corp.	32,030	497,426
JPMorgan Chase & Co.	5,647	1,190,726
The PNC Financial Services Group, Inc.	1,218	225,147
U.S. Bancorp	20,545	939,523
		4,018,256
Capital Goods - 11.0%		
3M Co.	2,676	365,809
AMETEK, Inc.	9,029	1,550,370
Builders FirstSource, Inc.	3,250 ^a	630,045
GE Vernova, Inc.	3,339 ^a	851,378
Howmet Aerospace, Inc.	14,617	1,465,354
Hubbell, Inc.	4,263	1,826,056
Ingersoll Rand, Inc.	11,312	1,110,386
Johnson Controls International PLC	7,784	604,116
L3Harris Technologies, Inc.	5,339	1,269,988
Trane Technologies PLC	3,821	1,485,337
Vertiv Holdings Co., Cl. A	6,036	600,522
		11,759,361
Commercial & Professional Services - .6%		
Veralto Corp.	5,440	608,518
Consumer Discretionary Distribution & Retail - 5.8%		
Amazon.com, Inc.	28,859 ^a	5,377,297
Best Buy Co., Inc.	2,813	290,583
Chewy, Inc., Cl. A	17,371 ^a	508,797
		6,176,677
Consumer Durables & Apparel - .4%		
Lululemon Athletica, Inc.	1,630 ^a	442,300
Consumer Services - 1.6%		
International Game Technology PLC	11,597	247,016
Las Vegas Sands Corp.	17,431	877,477
Planet Fitness, Inc., Cl. A	7,485 ^a	607,932
		1,732,425
Energy - 4.4%		
ConocoPhillips	9,796	1,031,323
Diamondback Energy, Inc.	2,913	502,201
EQT Corp.	41,613	1,524,700
Marathon Petroleum Corp.	1,505	245,180
Phillips 66	5,653	743,087

STATEMENT OF INVESTMENTS (Unaudited) (continued)

Description	Shares	Value (\$)
Common Stocks - 98.7% (continued)		
Energy - 4.4% (continued)		
Schlumberger NV	15,368	644,688
		4,691,179
Financial Services - 4.9%		
Berkshire Hathaway, Inc., Cl. B	3,850 ^a	1,772,001
Block, Inc.	13,342 ^a	895,648
Capital One Financial Corp.	1,552	232,381
CME Group, Inc.	3,512	774,923
The Goldman Sachs Group, Inc.	2,144	1,061,516
Voya Financial, Inc.	6,481	513,425
		5,249,894
Food, Beverage & Tobacco - 1.1%		
Celsius Holdings, Inc.	13,305 ^a	417,245
Philip Morris International, Inc.	5,799	703,999
		1,121,244
Health Care Equipment & Services - 9.2%		
Alcon, Inc.	5,548 ^b	555,188
Align Technology, Inc.	3,841 ^a	976,843
Baxter International, Inc.	14,743	559,792
Becton, Dickinson and Co.	4,462	1,075,788
Boston Scientific Corp.	9,123 ^a	764,507
DexCom, Inc.	12,514 ^a	838,939
Inspire Medical Systems, Inc.	2,897 ^a	611,412
Intuitive Surgical, Inc.	2,596 ^a	1,275,337
Labcorp Holdings, Inc.	2,070	462,604
Medtronic PLC	17,908	1,612,257
UnitedHealth Group, Inc.	1,812	1,059,440
		9,792,107
Household & Personal Products - 1.1%		
Kenvue, Inc.	52,221	1,207,872
Insurance - 3.8%		
American International Group, Inc.	5,620	411,553
Aon PLC, Cl. A	1,981	685,406
Assurant, Inc.	3,656	727,032
Globe Life, Inc.	2,165	229,295
RenaissanceRe Holdings Ltd.	2,231	607,724
The Allstate Corp.	5,659	1,073,229
Willis Towers Watson PLC	1,100	323,983
		4,058,222
Materials - 3.3%		
CRH PLC	8,726	809,249
Crown Holdings, Inc.	3,514	336,922
Freeport-McMoRan, Inc.	13,220	659,942
International Paper Co.	18,698	913,397
Newmont Corp.	14,904	796,619
		3,516,129

Description	Shares	Value (\$)
Common Stocks - 98.7% (continued)		
Media & Entertainment - 7.5%		
Alphabet, Inc., Cl. A	9,212	1,527,810
Alphabet, Inc., Cl. C	19,562	3,270,571
Netflix, Inc.	910 ^a	645,436
Omnicom Group, Inc.	6,860	709,255
Pinterest, Inc., Cl. A	22,224 ^a	719,391
Reddit, Inc., Cl. A	10,745 ^a	708,310
The Walt Disney Company	4,789	460,654
		8,041,427
Pharmaceuticals, Biotechnology & Life Sciences - 7.1%		
Amgen, Inc.	683	220,069
Bio-Techne Corp.	8,130	649,831
Bristol-Myers Squibb Co.	10,565	546,633
Danaher Corp.	5,896	1,639,206
Illumina, Inc.	6,369 ^a	830,581
Natera, Inc.	2,929 ^a	371,837
Repligen Corp.	3,229 ^a	480,540
Sanofi SA, ADR	23,003	1,325,663
Sarepta Therapeutics, Inc.	6,483 ^a	809,662
Zoetis, Inc.	3,620	707,276
		7,581,298
Real Estate Management & Development - 1.2%		
CoStar Group, Inc.	17,254 ^a	1,301,642
Semiconductors & Semiconductor Equipment - 9.6%		
Applied Materials, Inc.	7,618	1,539,217
Micron Technology, Inc.	6,044	626,823
NVIDIA Corp.	66,069	8,023,419
		10,189,459
Software & Services - 9.4%		
CrowdStrike Holdings, Inc., Cl. A	1,390 ^a	389,853
Dolby Laboratories, Inc., Cl. A	5,699	436,144
HubSpot, Inc.	1,395 ^a	741,582
International Business Machines Corp.	2,560	565,965
Microsoft Corp.	12,586	5,415,756
MongoDB, Inc.	1,519 ^a	410,662
Roper Technologies, Inc.	1,281	712,800
Shopify, Inc., Cl. A	16,530 ^a	1,324,714
		9,997,476
Technology Hardware & Equipment - 7.6%		
Apple, Inc.	25,277	5,889,541
Cisco Systems, Inc.	32,171	1,712,141
Pure Storage, Inc., Cl. A	5,445 ^a	273,557
Te Connectivity PLC	1,542 ^a	232,827
		8,108,066
Telecommunication Services - 2.0%		
AT&T, Inc.	80,253	1,765,566

STATEMENT OF INVESTMENTS (Unaudited) (continued)

Description	Shares	Value (\$)
Common Stocks - 98.7% (continued)		
Telecommunication Services - 2.0% (continued)		
T-Mobile US, Inc.	1,847	381,147
		2,146,713
Transportation - 1.5%		
FedEx Corp.	2,242	613,591
Uber Technologies, Inc.	12,537 ^a	942,281
		1,555,872
Utilities - 1.4%		
Constellation Energy Corp.	3,334	866,907
Dominion Energy, Inc.	10,098	583,563
		1,450,470
Total Common Stocks (cost \$64,337,805)		105,186,756
	1-Day Yield (%)	
Investment Companies - 1.4%		
Registered Investment Companies - 1.4%		
Dreyfus Institutional Preferred Government Plus Money Market Fund, Institutional Shares (cost \$1,496,731)	4.95	1,496,731 ^c
		1,496,731
Investment of Cash Collateral for Securities Loaned - .1%		
Registered Investment Companies - .1%		
Dreyfus Institutional Preferred Government Plus Money Market Fund, Institutional Shares (cost \$81,727)	4.95	81,727 ^c
		81,727
Total Investments (cost \$65,916,263)	100.2%	106,765,214
Liabilities, Less Cash and Receivables	(.2%)	(180,946)
Net Assets	100.0%	106,584,268

ADR—American Depositary Receipt

^a Non-income producing security.

^b Security, or portion thereof, on loan. At September 30, 2024, the value of the fund's securities on loan was \$80,101 and the value of the collateral was \$81,727, consisting of cash collateral. In addition, the value of collateral may include pending sales that are also on loan.

^c Investment in affiliated issuer. The investment objective of this investment company is publicly available and can be found within the investment company's prospectus. See notes to financial statements.